

Yoga of the Inner Voice

Philosophy & Yoga Intensive

with Dr. Douglas Brooks & Noah Mazé
May 28 - 30, 2010

The Great Goddess Vac, The Voice Within:

Tales of the Inner World for Transformation and Recognition

Inside each of us are the stories of the Self as it has traversed time and place and identity and inside those stories lie the lessons of life, instructions for living, and the secrets of awakened Consciousness. In the Tantric tradition, the great goddess, Mahadevi approaches her eremite lover Shiva to ask for the secrets of the universe. Shiva replies that She is what She seeks, that those secrets are nothing but her forms, her stories, her experience. He then explains that He too is that Shakti, that power who manifests as Consciousness and who provides the gifts of embodiment and awareness. In this seminar we will learn the essentials of that Great Goddess who is Speech, the manifesting as the universe in Mantra as the Garland of Little Mothers called Vageshvari. We will learn how to weave into our bodies, minds, and hearts and discover inside ourselves how She creates Her image, mantra, and yantra into a fabric of our own deepening self-awareness.



Dr. Douglas Brooks is among the world's leading scholars of Hindu Tantrism and the esoteric traditions of the Goddess. After receiving a Masters degree from Harvard Divinity School, he continued his studies in the history of religions, Sanskrit, and Indian studies going on to receive a Masters and Doctorate from Harvard University's Center for the Study of World Religions. Douglas has held academic positions both in India and the United States and has lectured around the world. Currently, he is Professor of Religion at the University of Rochester in New York. In addition to his formal Western education, Douglas lived for many years in India in the house of his Teacher according to the traditions of Guru Kulam in which the student is initiated into all facets of the Indian classical Sanskrit education, including philosophy, yoga, ritual, and worship. Douglas' Teacher, Gopala Iyer Sundarmoorthy was not only an eminent scholar of Hinduism, but a Master of the Tantric Goddess tradition known as Auspicious Wisdom, or Shri Vidya.

www.rajanaka.com



Noah Mazé is celebrated in the yoga community as one of the most advanced and proficient practitioners and teachers of Anusara® Yoga. Born into a household of yogis, Noah grew up steeped in the yoga tradition and its practices. In the 1990s, Noah worked as an outdoor educator and wilderness guide, helping people of all ages access the transformational power of nature. After a life long study of yoga and self-actualization, Noah began his work with John Friend in 1995. He was certified to teach Anusara® Yoga in 2002 and he has been dedicated to its principles and practices ever since. Widely sought as a teacher's teacher, Noah is one of a select group of teachers who serve on the Anusara® Yoga Curriculum Committee. He also sits on the Anusara® Yoga's Certification Assessment Committee. Noah's therapeutic teaching is informed by years of anatomical study, successful practice with rehabilitating injured students and his in-depth, experiential knowledge of the body and its innate healing capacity. Noah maintains an active local, national and international teaching schedule. He lives in Los Angeles with his wife, Tracy, and their daughter, Madeleine. In his limited spare time, he enjoys riding his bike, shopping at the farmer's market and reading obscure yogic texts.

www.noahmazeyoga.com



1800 Berkeley Street,
Santa Monica, CA 90401

Friday, May 28 6.30pm - 9.00pm, Saturday May 29 8.00am - 6.00pm
and Sunday May 30 9.00 - 2.00pm

Whole weekend: \$235 / \$210 early (before 5/14)

Friday only: \$50; Saturday only: \$150; Sunday only: \$85

Lecture only: \$150

For further information and to register,
please email info@noahmazeyoga.com