



the 4th Annual *Grand Canyon Retreat*
June 11 - 13, 2010

www.noahmazeyoga.com



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Retreat Schedule:

- Friday, June 11: 6:00pm - 8:30pm - Yoga in the Thunderbird Room
(with beautiful Grand Canyon views)
- Saturday, June 12: 9:00am - 12:00pm - Yoga in the Thunderbird Room
12:30pm - 1:30pm - Bagged Lunch (with vegetarian option) for hike
Afternoon Hiking
Evening Potluck
- Sunday, June 13: 9:00am - 12:00pm - Yoga in the Thunderbird Room
12:30pm - 1:30pm - Catered Lunch (with vegetarian option)
Afternoon Hiking



Accommodations and Fees:

*\$260.00 (by 5/28) or \$285.00 for all yoga, 2 catered lunches and group activities.
*10% discount for past participants

Accommodations and Park entrance fees are not included. In-Park lodging can be reserved at 1-888-297-2757 or www.grandcanyonlodges.com. If you would like to camp, a group campsite has been reserved at \$20 per person for the weekend (2 nights).



Accommodation and workshop reservations should be made as soon as possible as this retreat fills quickly and space is limited!

For information and registration, email: info@noahmazeyoga.com

For Grand Canyon specific questions, email: Kelley Ingols
mohavemoon@hotmail.com



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