



Noah Mazé YOGA presents...



the 3rd Annual *Grand Canyon Retreat*
April 25 - 27, 2008

Join Noah for three incredible days of yoga, hiking and exploration in one of the most breathtaking, beautiful places in the world.

From Friday to Sunday we will bask in the beauty of our surroundings as we practice yoga with an incredible view of the Grand Canyon, share catered meals, and hike to our hearts' and bodies' content.

This retreat will uplift and align your body, mind and heart!



info@noahmazeyoga.com www.noahmazeyoga.com Anusara Yoga®

3rd Annual *Grand Canyon Retreat* April 25 - 27, 2008

Weekend Schedule:

Friday, April 25: 6:00p - 8:30p Yoga in the Thunderbird Room *(with beautiful Grand Canyon views)*

Saturday, April 26: 9:00a - 12:00p Yoga in the Thunderbird Room
12:30p - 1:30p Catered Lunch (with vegetarian option)
Afternoon Hiking
Evening Potluck

Sunday, April 27: 9:00a - 12:00p Yoga in the Thunderbird Room
12:30p - 1:30p Catered Lunch (with vegetarian option)
Afternoon Hiking

Accommodations and Fees:

\$215.00 for all yoga, 2 catered lunches and group activities. Accommodations and Park entrance fees are not included. In-Park lodging can be reserved at 1-800-297-2757 or www.grandcanyonlodges.com. If you would like to camp, a group campsite has been reserved at \$10 per person for the weekend (2 nights). Contact Kelley and/or Jennifer for any Grand Canyon specific questions.

Accommodation and workshop reservations should be made as soon as possible as this retreat fills quickly and space is limited!

FOR INFORMATION AND REGISTRATION, CONTACT:

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For more information about Noah's schedule, visit his website at www.noahmazeyoga.com

